



# E=MC2 - ENERGY MASTERY FOR COACHES WITH MEG MANN, MCC

Diversitas Oy is bringing Meg Mann, MCC, to Finland for this exciting and extremely useful one day workshop. Simply because energy matters - for coach and client.

*"Each of us is responsible for the energy we bring into a room."*  
- Dr. Jill Bolte-Taylor

Are you a certified coach? • Are you ready to become even more masterful at managing your personal energy? • Are you curious how your energy affects the Core Competencies and impacts your coaching? • Would you like to be more skillful in noticing and coaching the energy shifts in your client?

**DATE:** Friday 26.10. at 9.00 - 16.30

**VENUE:** Tapahtumahotelli Huone, Länsisatamankatu 16, Helsinki

**PRICE:** € 550 (+ vat 24 %)

**EARLY BIRD OFFER:**

€ 450 (+ vat 24 %) when you register BEFORE 21.9.

Your registration includes breakfast, buffet lunch and coffee/tea.

**BONUS:**

Two 60 minute group calls with Meg via Zoom after the workshop.

## In this Course you will learn:

- Greater awareness of your personal energy and how it can affect your coaching.
- Tips, techniques and strategies on how to set, reset and manage your personal energy in coaching - and in life.
- Greater awareness of the client's energy, and what to do when you perceive those energy shifts.
- How Energy plays a key role in the ICF Core Competencies for both coach and client.
- Enhanced masterful skills using ICF Core Competencies.

## ICF credits:

ICF Continuing Education Credits (application pending for up to 8 CCEs in Core Competencies)

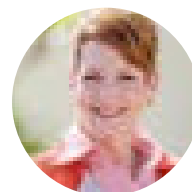
## Interested?

Reserve your place and register now by email: [sari.ajanko@diversitas.fi](mailto:sari.ajanko@diversitas.fi)

Meg Mann is a Master Certified Coach (MCC) who is passionate about coaching and living a purposeful life.

Meg completed her formal coach training in 2004, and has been an MCC since 2008. She has been involved with ICF Global events and committees, 4 different ACTP training programs; she is a certified Coach Mentor, and served for many years as an ICF assessor.

You can learn more about Meg by visiting her website: [www.time4clarity.com](http://www.time4clarity.com)



Meg Mann, MCC



## Local sponsors:

Sari Ajanko, Professional Certified Coach (PCC)  
Jim Grant, Professional Certified Coach (PCC)

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